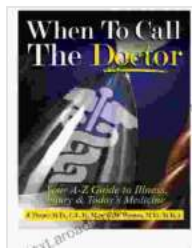


When to Call the Doctor: A Guide to Recognizing and Responding to Common Medical Problems

When you're feeling sick, it can be difficult to know whether you should see a doctor right away or wait and see if the symptoms resolve on their own. This guide will help you determine when to call the doctor for common medical problems.



When To Call The Doctor by Mari C. Alvarez

★★★★★ 5 out of 5

Language	: English
File size	: 973 KB
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Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 317 pages
Lending	: Enabled



Chest Pain

Chest pain can be a sign of a heart attack, which is a medical emergency. If you experience chest pain, call 911 immediately. Chest pain can also be caused by other conditions, such as angina, pneumonia, or acid reflux. If you experience chest pain that is not severe and does not go away after a few minutes, you should see a doctor.



American
Heart
Association.

Common Heart Attack Warning Signs

1

Pain or discomfort
in chest

2

Lightheadedness,
nausea, or vomiting

3

Jaw, neck, or
back pain

4

Discomfort or pain in
arm or shoulder

5

Shortness of breath



Learn more at [Heart.org/HeartAttack](https://www.heart.org/HeartAttack)

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Shortness of Breath

Shortness of breath can be a sign of a heart attack, stroke, or other medical emergency. If you experience shortness of breath, call 911 immediately. Shortness of breath can also be caused by other conditions, such as asthma, bronchitis, or pneumonia. If you experience shortness of breath

that is not severe and does not go away after a few minutes, you should see a doctor.



Shortness of breath can be a sign of a heart attack, stroke, or other medical emergency.

Abdominal Pain

Abdominal pain can be a sign of a variety of medical conditions, including appendicitis, pancreatitis, and Crohn's disease. If you experience abdominal pain that is severe, does not go away after a few minutes, or is accompanied by other symptoms such as nausea, vomiting, or fever, you should see a doctor.

KNOW YOUR ABDOMINAL PAIN

RIGHT

GALLSTONES
STOMACH ULCER
PANCREATITIS

KIDNEY STONES
URINE INFECTION
CONSTIPATION
LUMBAR HERNIA

APPENDICITIS
CONSTIPATION
PELVIC PAIN (GYNAE)
INGUINAL HERNIA

HEARTBURN/G.E.R.D.
INDIGESTION
STOMACH ULCER
PANCREATITIS
EPIGASTRIC HERNIA

PANCREATITIS
EARLY APPENDICITIS
INFLAMED BOWEL
UMBILICAL HERNIA

URINE INFECTION
DIVERTICULAR DISEASE
INFLAMED BOWEL
PELVIC PAIN (GYNAE)

LEFT

STOMACH ULCER
DUODENAL ULCER
BILIARY COLIC

KIDNEY STONES
DIVERTICULITIS
INFLAMMATORY BOWEL

DIVERTICULITIS
PELVIC PAIN
INGUINAL HERNIA

Headache

Headaches are a common problem, but they can sometimes be a sign of a more serious medical condition. If you experience a headache that is severe, does not go away after a few hours, or is accompanied by other symptoms such as fever, nausea, or vomiting, you should see a doctor.

Types of headaches



Migraines



Digestive
problem



Sinus
headaches

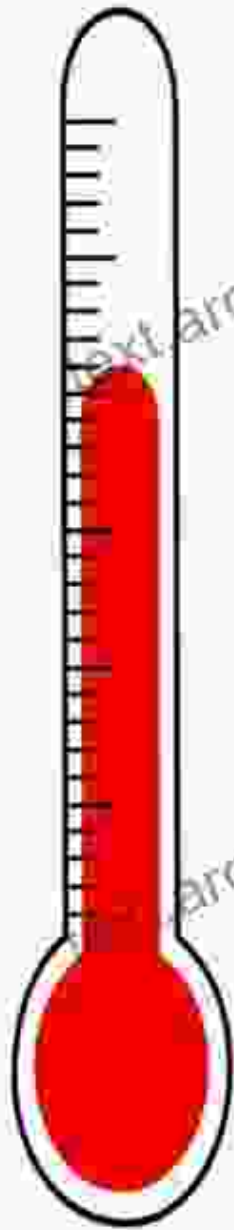


Tension

Headaches are a common problem, but they can sometimes be a sign of a more serious medical condition.

Fever

A fever is a body temperature that is higher than normal. Fevers can be a sign of infection or other medical conditions. If you have a fever that is higher than 101 degrees Fahrenheit, or if your fever is accompanied by other symptoms such as headache, body aches, or fatigue, you should see a doctor.



Fever Chart		
Rectal	100.4°F 38.4°C	0 months +
Underarm	98.6°F 37°C	3 months +
Temporal	99.6°F 37.6°C	3 months +
Ear	99.6°F 37.6°C	6 months +
Oral	99.6°F 37.6°C	4 years +

When to Call the Doctor

If you are experiencing any of the following symptoms, you should call the

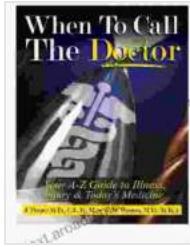
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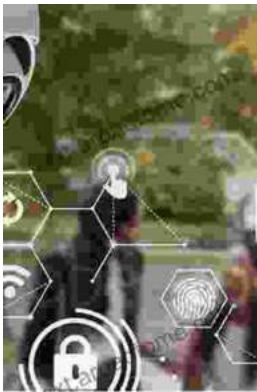
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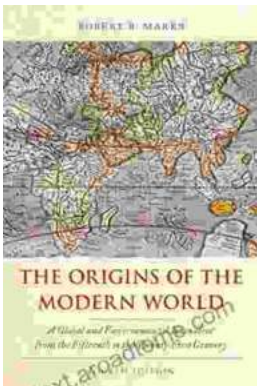


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