Live Unapologetically: The Black Fat Girl's Guide to Life

As a Black fat girl, you've probably faced your fair share of discrimination and prejudice. You may have been told that you're not pretty enough, that you're too fat, or that you don't deserve to be happy. But you're here to tell the world that you're not going to let anyone tell you who you are or what you can achieve. You're going to live your life unapologetically, and you're going to do it on your own terms.



Fattily Ever After: A Black Fat Girl's Guide to Living Life Unapologetically by Stephanie Yeboah

★★★★★ 4.7 out of 5
Language : English
File size : 18834 KB
Text-to-Speech : Enabled
Enhanced typesetting: Enabled
Word Wise : Enabled
Print length : 267 pages
Screen Reader : Supported



This book is your guide to living life unapologetically. It's full of practical advice, personal stories, and inspiration to help you embrace your uniqueness and live your best life. You'll learn how to:

- Love your body, no matter what
- Set healthy boundaries and say no to things that don't serve you

- Find your voice and speak your truth
- Pursue your dreams, no matter how big or small
- Create a life that you love

You're not alone in this journey. There are millions of Black fat girls who are living their lives unapologetically, and they're here to support you. This book is a community, a safe space where you can be yourself and connect with other Black fat girls who are on the same journey. You were not born to fit in. You were born to stand out. You are beautiful, you are worthy, and you deserve to live your life unapologetically. This book will help you get there.

What Others Are Saying

"This book is a lifeline for Black fat girls. It's full of practical advice, personal stories, and inspiration that will help you love yourself and live your best life." — **Tarana Burke, founder of the #MeToo movement**

"This book is a must-read for any Black fat girl who wants to live life on her own terms. It's full of wisdom, compassion, and humor." — **Roxane Gay, author of** *Bad Feminist*

"This book is a game-changer. It's going to help Black fat girls all over the world to embrace their uniqueness and live their lives unapologetically." — Gabourey Sidibe, actress and author of *This Is Just My Face*

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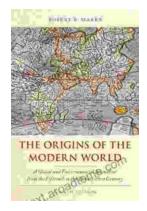
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