

Life Is Short: A Book Review



LIFE is short by Scott N Edgar

★★★★☆ 4.6 out of 5

Language : English

File size : 8227 KB

Screen Reader : Supported

Print length : 184 pages

Lending : Enabled

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Life Is Short is a powerful and inspiring book that will help you live a more meaningful life. It's a must-read for anyone who wants to make the most of their time on earth.

The book is written by Scott Edgar, a successful entrepreneur and author who has spent years studying the science of happiness and success. In **Life Is Short**, Edgar shares his insights on how to live a life that is both fulfilling and meaningful.

The Importance of Living in the Present

One of the most important messages in **Life Is Short** is the importance of living in the present. Edgar argues that we spend too much time dwelling on the past or worrying about the future, and that this prevents us from fully enjoying the present moment.

Edgar offers a number of practical tips for living in the present, such as:

- Be mindful of your thoughts and feelings.

- Focus on the things that you can control.
- Let go of the things that you can't control.
- Be grateful for what you have.

The Importance of Pursuing Your Dreams

Another important message in **Life Is Short** is the importance of pursuing your dreams. Edgar argues that we all have unique talents and abilities, and that we should use these gifts to make a difference in the world.

Edgar offers a number of practical tips for pursuing your dreams, such as:

- Set clear goals.
- Take action steps towards your goals.
- Don't be afraid to fail.
- Surround yourself with positive people.

The Importance of Giving Back

The final message in **Life Is Short** is the importance of giving back. Edgar argues that we all have a responsibility to help others, and that this is one of the most important things that we can do with our lives.

Edgar offers a number of practical tips for giving back, such as:

- Volunteer your time.
- Donate to charity.
- Be a mentor to someone.

- Simply be kind to others.

Life Is Short is a powerful and inspiring book that will help you live a more meaningful life. It's a must-read for anyone who wants to make the most of their time on earth.

If you're looking for a book that will change your life, then **Life Is Short** is the book for you.

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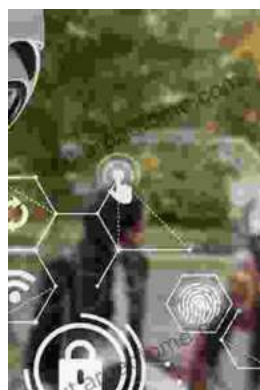
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