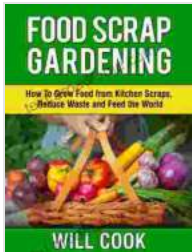


How to Grow Food from Scraps: Reduce Waste and Feed the World



Food Scrap Gardening: How To Grow Food from Scraps, Reduce Waste and Feed the World (Gardening Guidebooks Book 8) by Will Cook

★★★★☆ 4.4 out of 5

Language : English
File size : 1211 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
X-Ray : Enabled
Print length : 52 pages
Lending : Enabled



Food waste is a major problem around the world. According to the United Nations, one-third of all food produced is wasted. This amounts to 1.3 billion tons of food per year.

Food waste has a number of negative consequences. It contributes to climate change, as food that is wasted decomposes and releases methane, a greenhouse gas. Food waste also takes up valuable landfill space and can contaminate water resources.

There are a number of things that can be done to reduce food waste. One simple way is to grow food from scraps. Growing food from scraps is a

great way to use up food that would otherwise be thrown away. It is also a fun and rewarding way to grow your own food.

There are many different types of food that can be grown from scraps. Some of the most common include:

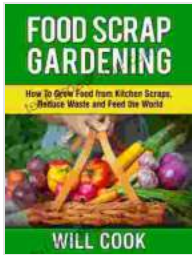
- **Vegetables:** Carrots, celery, green onions, lettuce, tomatoes
- **Herbs:** Basil, cilantro, mint, parsley
- **Fruits:** Apples, bananas, berries, citrus fruits

To grow food from scraps, simply follow these steps:

1. **Collect your scraps.** Save any vegetable or fruit scraps that you would normally throw away.
2. **Prepare your scraps.** Wash your scraps thoroughly and remove any bruised or damaged parts.
3. **Plant your scraps.** Plant your scraps in a pot or in the ground. Make sure to plant them in well-drained soil.
4. **Water your scraps.** Keep your scraps watered regularly. They should be kept moist but not soggy.
5. **Fertilize your scraps.** Fertilize your scraps every few weeks with a balanced fertilizer.
6. **Harvest your food.** Once your scraps have grown, you can harvest them and enjoy them!

Growing food from scraps is a great way to reduce waste and feed the world. It is also a fun and rewarding way to grow your own food. So next

time you have some food scraps, don't throw them away. Plant them and grow your own food!



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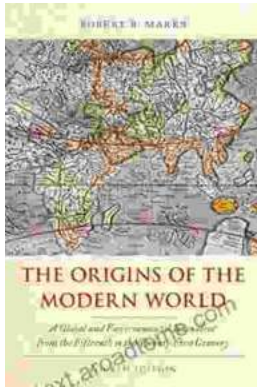
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