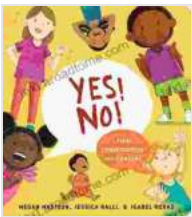


First Conversation About Consent: A Revolutionary Guide for Parents, Teachers, and Kids

Why is it important to talk to kids about consent?

Consent is the foundation of healthy relationships. It is about respecting another person's boundaries and making sure that they are comfortable with what is happening. When we talk to kids about consent, we are teaching them how to respect themselves and others, and how to avoid sexual abuse.



Yes! No!: A First Conversation About Consent (First Conversations) by Megan Madison

★★★★☆ 4.8 out of 5

Language : English

File size : 16201 KB

Screen Reader : Supported

Print length : 36 pages



One in four girls and one in six boys will be sexually abused before the age of 18. By talking to kids about consent, we can help to prevent this from happening. We can teach them what consent is, how to give it, and how to ask for it. We can also teach them how to recognize when someone is not giving consent.

How do I talk to my kids about consent?

Talking to kids about consent can be challenging, but it is important to do it in a way that is age-appropriate and respectful. Here are some tips:

- **Start early.** You can start talking to kids about consent as early as preschool. Use simple language and age-appropriate examples to explain what consent is.
- **Be honest and open.** Answer your child's questions honestly and openly. Don't be afraid to use the words "sex" and "consent." Explain that sex is something that should only happen between two people who want to do it.
- **Make it clear that consent is not optional.** Explain to your child that no one has the right to touch them without their consent. This includes family members, friends, and even people they don't know.
- **Teach your child how to say no.** Empower your child to say no to anything they don't want to do. This includes saying no to sex, even if the other person is pressuring them.
- **Be patient and supportive.** It may take time for your child to understand and internalize the concept of consent. Be patient and supportive, and answer their questions as they come up.

What are some resources that can help me teach my kids about consent?

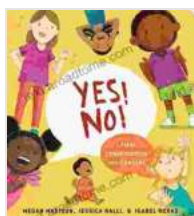
There are a number of resources available to help you teach your kids about consent. Here are a few:

- **First Conversation About Consent: A Revolutionary Guide for Parents, Teachers, and Kids** by Jessica Valenti and Jaclyn Friedman

- **Talking to Kids About Consent: A Guide for Parents and Teachers**
by Margaret Evans
- **Consent Matters: Teaching Kids About Consent and Boundaries**
by Nancy Brennan
- **The Great Consent Adventure** by Cate Meighan
- **The Body Book for Boys** by Kelli Dunham
- **The Body Book for Girls** by Kelli Dunham

Talking to kids about consent is essential for their safety and well-being. By having these conversations early and often, we can help to prevent sexual abuse and teach our kids how to live healthy, happy lives.

Free Download your copy of First Conversation About Consent today!



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